



## Washington's Athletic Prowess

Not only is Washington annually ranked among America's top-five public universities, the Huskies' athletic teams consistently rank among the nation's best in the annual NACDA Director's Cup rankings of overall athletic prowess.

In 2006-07 alone, 18 of Washington's 23 teams participated in national postseason tournaments, including NCAA semifinal appearances for the Huskies' volleyball and softball teams, and a national championship in men's crew. Since the start of the 2000-01 season, UW teams have combined for three national team championships — including 2001 women's crew, 2005 women's volleyball and 2007 men's crew crowns — and have seen seven Washington student-athletes earn NCAA individual titles.

In addition, hundreds of UW student-athletes have gone on to success in professional sports, including dozens in recent years alone. Washington athletes litter the rankings of the world's elite competitors, including 2006-07 NBA Rookie of the Year Brandon Roy (Portland Trailblazers), 2006 NBA Slam Dunk Contest Champion Nate Robinson (New York Knicks), major-league rookie phenom Tim Lincecum (San Francisco Giants), 2006 NFL Hall of Fame Inductee Warren Moon, top-10 U.S. Women's Open finisher Paige Mackenzie, , three-time U.S. discus Olympian Aretha Thurmond, and U.S. Women's Soccer goalie and Olympic gold-medalist Hope Solo.





# CREATING WINNERS IN COMPETITION



## **BASEBALL Ken Knutson**

Winningest baseball coach in UW history ... coached 2006 Golden Spikes Award winner Tim Lincecum ... three-time Pac-10 North Coach of the Year ... has sent 71 players into professional baseball ... All-Pac-10 pitcher at UW in 1981.



## **WOMEN'S GOLF Mary Lou Mulflur**

Pac-10 Coach of the Year in 1988 and 1999 ... Played in the U.S. Open in both 1979 and 1980 ... NCAA Tournaments in 1995 and 1997-2006 including sixth place NCAA finish in 2006 and 2004 ... has coached 23 All-Scholar-Athlete team members.



## **SWIMMING Whitney Hite**

Named UW head coach in September of 2006 ... led UW women to 12th place at 2008 NAAs, highest in school history ... assistant with Cal women, helping them to three top-8 national finishes ... won three NCAA titles as assistant with Georgia.



## **MEN'S BASKETBALL Lorenzo Romar**

Led his alma mater to NCAA tournaments in 2004, 2005 and 2006 ... No. 1 seed in 2005 tourney ... 2005 Pac-10 Coach of the Year ... Led UW to Pac-10 Tournament title in 2005 ... Lettered for UW 1979-80 ... played in the NBA.



## **MEN'S GOLF Matt Thurmond**

Led Huskies to 7th place at 2008 NAAs, 6th place at 2004 NAAs and 3rd in 2005 ... Won Pac-10 Coach of the Year in 2005 ... won 2005 Pac-10 title and coached NCAA individual champ in '05 ... Coached UW to regional title in 2002..



## **MEN'S TENNIS Matt Anger**

Led UW to "Sweet 16" appearances in 2001-03, 2005 and 2006 ... led UW to NAAs in each of the last 14 years ... highest national ranking No. 6 in 2001 ... won 2005 Pac-10 team title ... 3-time All-American in college and ranked No. 23 as a pro.



## **WOMEN'S BASKETBALL Tia Jackson**

Introduced as head coach on April 6, 2007 ... served as an assistant at Duke, UCLA, Stanford and Virginia Commonwealth ... played at Iowa where she led her squad to the 1994 NCAA Final Four ... played for Phoenix Mercury in the WNBA.



## **GYMNASTICS Joanne Bowers**

Named UW head coach in June of 2006 and honored as 2007 Pac-10 Co-Coach of the Year and West Region Coach of the Year ... while an assistant at Michigan coached 13 All-Americans ... a four-time letterwinner as a gymnast at James Madison.



## **WOMEN'S TENNIS Jill Hultquist**

Former UW assistant named head coach in 2005 ... led UW to NAAs in 2008 ... 2001 national assistant coach of the year ... played on WTA pro tour from 1987-97, ranking as high as No. 6 in the world in doubles ... four-time All-American..

# CREATING WINNERS IN THE CLASSROOM

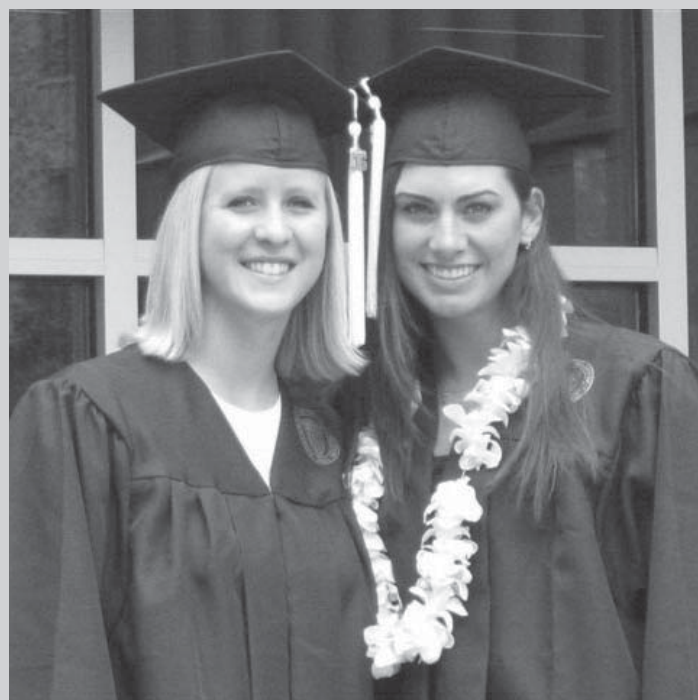
Student-Athlete Academic Services (SAAS) consists of academic counseling, academic coordination, a comprehensive tutorial program, learning resources and assistance for students with learning disabilities, a study skills program for all students, a comprehensive Life Skills program, and leadership and mentoring opportunities. We focus on the needs of each individual student-athlete and develop an individualized program to meet those needs. Integration into the larger campus environment is encouraged and facilitated through collaborative programs developed with a variety of UW programs and resources.

Four full-time academic advisors provide academic counseling support for student-athletes. Advisors assist students with course selection, major declaration, graduation planning, and career/internship opportunities through the use of individualized academic plans designed for each student.

Academic coordinators serve to assist students with the transition to university life and the University of Washington. They assist students with academic monitoring, tutorial scheduling, academic goal setting, time management and study skill development. One-on-one meetings are conducted with freshmen and students in academic difficulty on a weekly basis.

The Learning Resources unit is headed by a full-time learning specialist available to assist students with learning disabilities, study skills development, and academic success strategies. Under the direction of the

Tutorial Coordinator, approximately 70 highly trained tutors provide individual, small group, and review session tutorial services for student-athletes each quarter.





### **MEN'S CREW** **Michael Callahan**

Named UW men's head coach in 2007 ... led three UW boats to national titles in first season and varsity eight won silver medal ... 2008 Pac-10 Coach of the Year ... 2004 U.S. Olympic Team member ... Rowed at UW ... team captain in 1996.



### **MEN'S SOCCER** **Dean Wurzbarger**

Winningest coach in program history ... head Coach for U.S. Under-16 National Team in 1999 ... 1999 MPSF and 2004 Pac-10 Coach of the Year ... led UW to 12 NCAAAs in 16 years including NCAA Sweet 16 appearance in 2003.



### **TRACK & FIELD/XC** **Greg Metcalf**

The 2006 and 2007 MPSF Coach of the Year ... led UW men to 16th at 2008 NCAA outdoors ... led the men's indoor track team to 7th place at 2007 NCAAAs ... coached six NCAA Champions and 68 All-Americans in six years as head coach.



### **WOMEN'S CREW** **Bob Ernst**

Director of UW rowing programs ... returned to post of women's coach in 2007 ... second place at 2008 NCAA championships ... men's head coach from 1987-2007 ... led men to 2007 and 1997 national titles ... 11-time Pac-10 Coach of the Year.



### **WOMEN'S SOCCER** **Leslie Gallimore**

National Coach of the Year in 2000 ... 1994 West Region Coach of the Year ... entered University of California Athletic Hall of Fame in 1995 ... NCAA appearances in 1994, 1995, 1996, 1998, 2000, 2001, 2003 & 2004 ... NCAA Elite Eight in 2004.



### **VOLLEYBALL** **Jim McLaughlin**

Coached volleyball to its first NCAA title in 2005 ... 2004 National Coach of the Year ... three-time Pac-10 Coach of the Year ... led UW to Pac-10 titles in 2004 and 2005 and three straight Final Four appearances in 2004, 2005, 2006.



### **FOOTBALL** **Tyrone Willingham**

Named the Husky head coach in Dec., 2004 ... while at Stanford, was a two-time Pac-10 Coach of the Year in 1997 and 1999 ... National Coach of the Year and Sporting News Sportsman of the Year in 2002.



### **SOFTBALL** **Heather Tarr**

Former UW player took over the program in 2004 ... led UW to a third-place finish at the 2007 Women's College World Series and Super Regional appearances in 2004, 2005 and 2007 ... coached six All-Americans and 18 All-Pac-10 selections.



## **CREATING WINNERS IN LIFE**

Under the umbrella of Student-Athlete Academic Service, the **Life Skills Program** at University of Washington provides student-athletes with the tools and resources to reach their maximum potential as students, athletes, and citizens. The program provides educational experiences and services in order to develop well-balanced lifestyles and prepare for life after college. The University of Washington program aligns with NCAA CHAMPS/Life Skills that follows five commitments to student-athlete development:

### **Career Development**

Life Skills allows student-athletes to explore career and graduate school options, develop job search skills, build resume materials, and search for internships and employment.

### **Community Service**

Through community outreach projects, the student-athletes bring attention to the importance of academics and higher education, providing positive role models for children, and serving populations less fortunate.

### **Personal Development**

With the help of offices throughout campus, programs foster personal growth and proper decision making skills for student-athletes. Available resources and services help student-athletes prepare for the many challenges they face in college and in life, including time management, financial planning, and drugs and alcohol education.

### **Academic Excellence**

University of Washington is strongly committed to promoting the academic achievement of student-athletes. Life Skills is an important link between the variety of academic services developed to support Student-Athlete Academic Services.

### **Athletic Excellence**

Life Skills ensures the health and wellness needs of student-athletes are met through programs coordinated with athletic departments to enhance the performance of student-athletes, including strength and conditioning, nutrition, training, and medical resources. Husky student-athletes are provided with the means to perform and compete at the highest level in their sport.







**Husky Stadium**



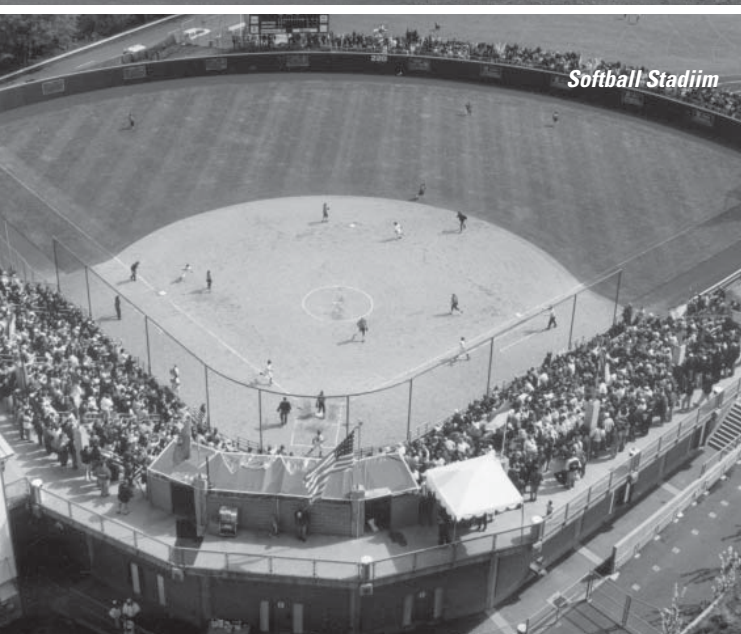
**Bank of America Arena**



**Nordstrom Tennis Center**



**Washington National Golf Course**



**Softball Stadium**



**Conibear Shellhouse**

## Washington's Athletic Facilities

Washington's athletic success is no coincidence -- Husky athletes train and compete in some of the finest athletic facilities anywhere in the nation. Husky Stadium, home to Washington's football team, is ranked on nearly every list of America's top college football venues, while state-of-the-art Bank of America Arena has earned a reputation as one of the nation's most intimidating road venues. The nation's top tennis and track teams flock to UW's Nordstrom Tennis Center and Dempsey Indoor track and field facility, while the sparkling new Conibear Shellhouse - which houses the student-athlete dining hall, study rooms, a state-of-the-art computer lab and a student-athlete lounge complete with sofas and plasma TVs, as well as the offices, shellhouses and trophies of UW's crew program — is easily America's finest collegiate rowing facility. Washington also boasts outstanding soccer, baseball and softball stadiums, competes in some of America's top golf courses and swimming facilities.



**Dempsey Indoor Facility**





*Sports Performance Center*

## Washington's Training Facilities

Husky athletes benefit from access to some of the top sport performance facilities of any public university in the country. The University of Washington is renowned worldwide for its medical education program, so it's no surprise that the Huskies' trainers and team doctors are among the best in the business. Washington's athletic training room, located Inside Bank of America Arena, includes numerous training tables, examination rooms, orthopaedic tubs and a full-time staff of seven certified athletic trainers, 12 student trainers and seven doctors, all working to help provide the 700-plus Husky student-athletes the best available medical care.

Washington's Sports Performance program, meanwhile, has recently moved into one of the nation's finest weight room facilities, housing a balance of machine apparatus and free weights, as well as a variety of modern fitness equipment and access to some of the country's elite sports performance experts.



*Conibear Shellhouse  
Windermere Dining Room*



*UW Sports Medicine  
Clinic*



*Bank of America Arena  
Training Room*



*The Space Needle*



*Pike Place Market*



*Puget Sound*

## Seattle: The Emerald City

University of Washington students are fortunate to be located in one of the most exciting cities in the country. Known primarily for its panoramic beauty, coffee-drinking, software, internet and aerospace industries, Seattle is truly a unique place to live. From its pioneering and Native American heritage to its modern international influences, the city represents a diverse mix of cultures and ethnic communities.

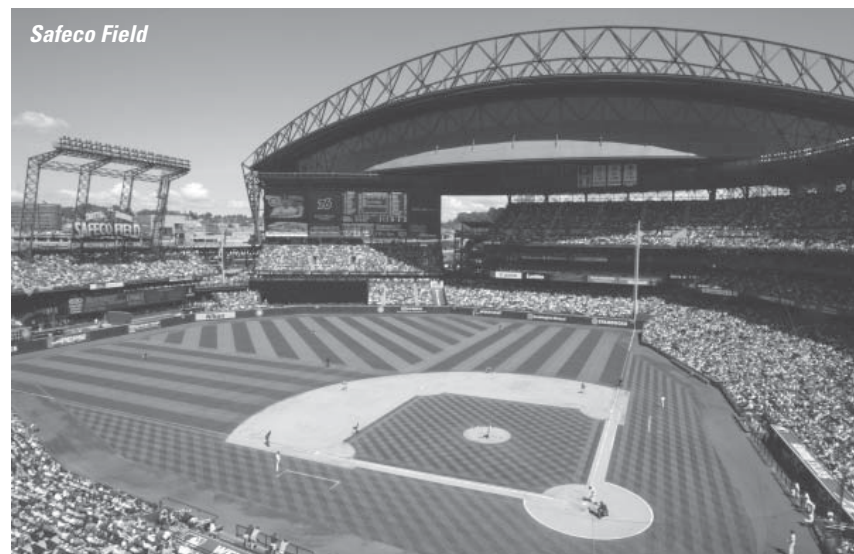
Sports lovers can enjoy a variety of activities year-round, including hiking, kayaking and climbing, or watching the Mariners at Safeco Field, Seahawks and Sounders at Qwest Field and Storm at Key Arena.

For those who like living in the heart of a metropolitan city, the world-famous Pike Place Market, downtown shopping, museums, musical venues and award-winning dining are all just around the corner when strolling the city streets.

*Mount Rainier*

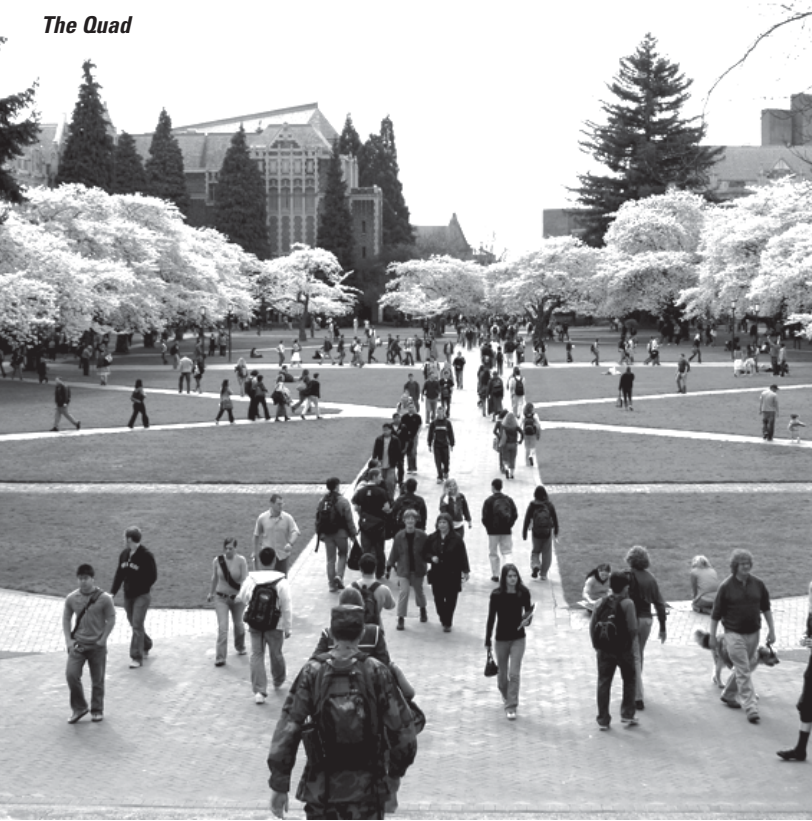


*Safeco Field*

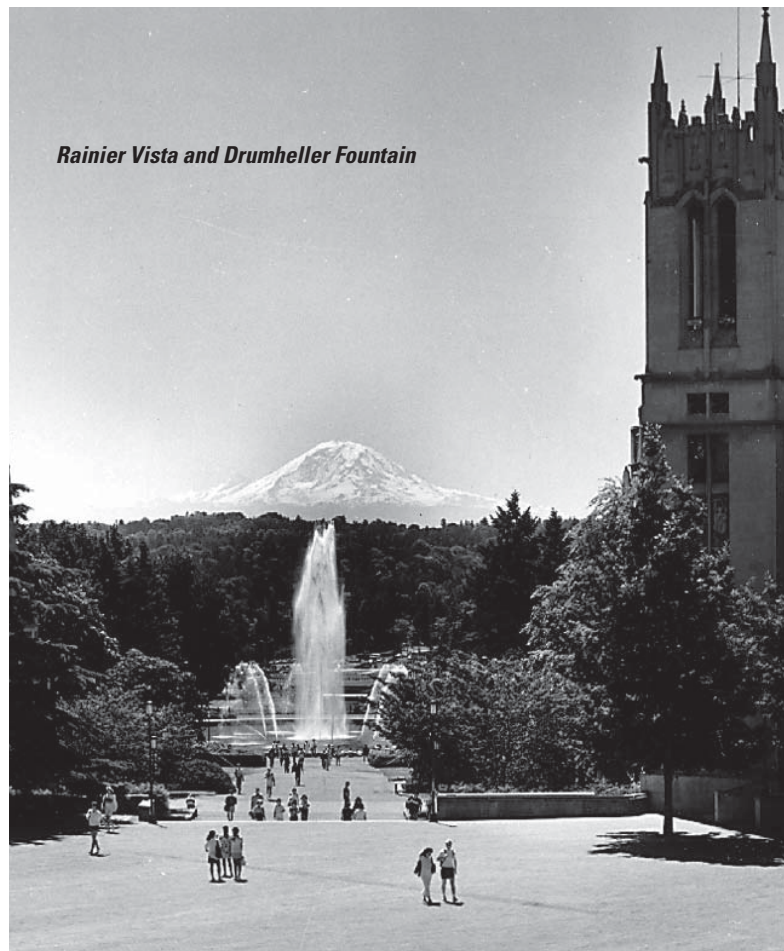




*The Quad*



*Rainier Vista and Drumheller Fountain*

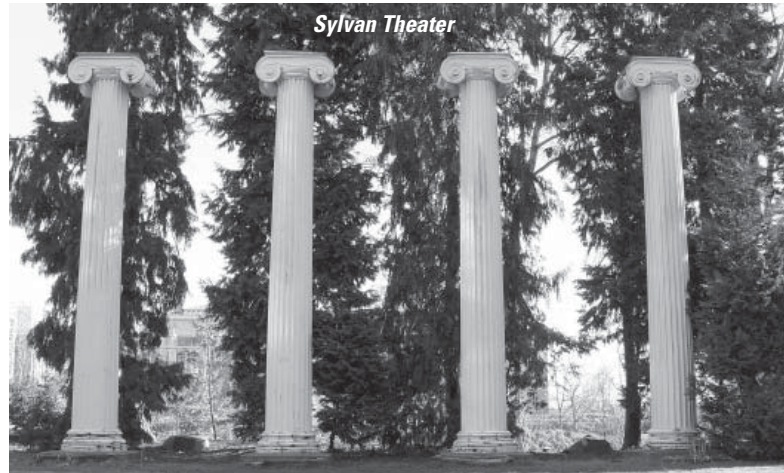


## The UW Campus

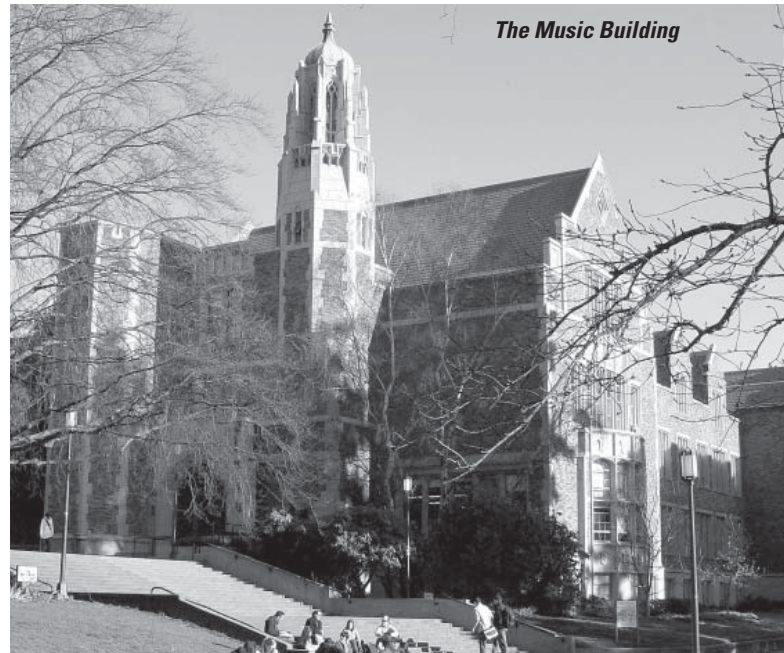
Situated on 634 acres in Seattle's northeast residential area amidst the shores of Lake Washington and Portage Bay, the UW campus is really a city within a city. Not only does the campus have a world-class teaching hospital and medical center, multiple housing and food service options, 23 libraries, modern labs and classrooms, it also has at least 20 coffee shops for students to study and socialize. In addition, wi-fi connections are available all over campus.

The views from the campus are unparalleled as the majestic Cascade Mountains can be seen to the east and the Olympics loom to the west, while the southern view includes downtown Seattle and Lake Union. This combination of spectacular settings with the neo-Gothic and modern architecture of the campus' buildings make the University of Washington one of the most beautiful places to go to school.

*Sylvan Theater*



*The Music Building*



*Red Square*







## Dawg-Gone Greats: Huskies in the Pros/U.S. National Teams

Roc Alexander, NFL (Houston Texans)  
 Rich Alexis, NFL (St. Louis Rams)  
 Ely Allen, MLS (LA Galaxy)  
 Khalif Barnes, NFL (Jacksonville Jaguars)  
 Mark Brunell, NFL (Washington Redskins)  
 Mark Bruener, NFL (Houston Texans)  
 Sam Burns, U.S. National Rowing Team  
 Mike Chabala, MLS (Houston Dynamo)  
 Jaime Clark, NPF (Chicago Bandits)  
 Will Conroy, NBA (Free Agent)  
 Ernie Conwell, NFL (New Orleans Saints)  
 Marquis Cooper, NFL (Seattle Seahawks)  
 Matt Deakin, U.S. National Rowing Team  
 Dan Dickau, NBA (Los Angeles Clippers)  
 Joe Franchino, MLS (New England Revolution)  
 Tina Frimpong, U.S. National Soccer Team  
 Scott Gault, U.S. National Rowing Team  
 Dashon Goldson, NFL (San Francisco 49ers)  
 Ty Harden, MLS (LA Galaxy)  
 Spencer Hawes, NBA (Sacramento Kings)  
 Damon Huard, NFL (Kansas City Chiefs)  
 Derrick Johnson, NFL (Atlanta Falcons)  
 Bobby Jones, NBA (Denver Nuggets)

Robert Kendrick, ATP Tennis Pro  
 Olin Kreutz, NFL (Chicago Bears)  
 Giuseppe Lanzone, U.S. National Rowing Team  
 Kyle Larson, U.S. National Rowing Team  
 Danielle Lawrie, Canadian National Softball Team  
 Candace Lee, U.S. National Volleyball Team  
 James Lepp, Canadian Professional Golf Tour  
 Tim Lincecum, MLB (San Francisco Giants)  
 Trevor Linden, MLB (San Francisco Giants)  
 Dane Looker, NFL (St. Louis Rams)  
 Omare Lowe, NFL (Atlanta Falcons)  
 Paige Mackenzie, LPGA Tour  
 Anna Mickelson, U.S. National Rowing Team  
 Lawyer Milloy, NFL (Atlanta Falcons)  
 Aaron Myette, MLB (Chicago White Sox)  
 Brett Newlin, U.S. National Rowing Team  
 Benji Olson, NFL (Tennessee Titans)  
 Tony Parrish, NFL (Dallas Cowboys)  
 Bryan Pittman, NFL (Houston Texans)  
 Brandon Prideaux, MLS (Colorado Rapids)  
 Nate Robinson, NBA (New York Knicks)  
 Brandon Roy, NBA (Portland Trailblazers)  
 Hope Solo, U.S. National Soccer Team

Isaiah Stanback, NFL (Dallas Cowboys)  
 Jerramy Stevens, NFL (Tampa Bay Buccaneers)  
 Aretha Thurmond, Track & Field  
 (2-time U.S. Olympian)  
 Joe Toledo, NFL (Miami Dolphins)  
 Larry Tripplett, NFL (Buffalo Bills)  
 Marques Tuiasosopo, NFL (New York Jets)  
 Craig Waibel, MLS (Houston Dynamo)  
 C.J. Wallace, NFL (Seattle Seahawks)  
 Brad Walker, Track & Field (4-time U.S. Champion)  
 Mary Whipple, U.S. National Rowing Team  
 Sean White, MLB (Seattle Mariners)  
 Reggie Williams, NFL (Jacksonville Jaguars)